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Halimah Bellows

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Halimah Bellows : Champion Your Career: Winning in the World of Work before purchasing it in order to gage whether or not it would be worth my time, and all praised Champion Your Career: Winning in the World of Work:

2 of 2 people found the following review helpful. What Color is your Parachute covering the entire life spanBy DJVSNomatter what stage of career development you are at, whether just embarking or looking for a change in direction, this is the practical guide you need. A modern-day "What Color is Your Parachute," but covering the entire life span, it is loaded with strategies, easy-to-use tools, rock solid advice, and a cornucopia of useful resources.0 of 0 people found the following review helpful. Five StarsBy Kimberly G.Great book!0 of 0 people found the following review helpful. Self-empowering, motivational, and practical...this book will inspire you!By Johanna Bouchard(Review via Epic Book Quest)Career counselor and coach, Halimah Bellows, delivers an insightful guide designed to help lead readers through the process of both choosing and pursuing a career that is the right fit for them. Uniquely combining career coaching with career counseling, the book presents readers with intensive questions designed to help them discover their individual skills, talents, goals, and passions- showing them how they can use that knowledge to select a personally fulfilling career- along with supplying innumerable tools and strategies to then acquire a position in their desired field.Champion Your Career is a fantastic resource for people of all life stages, from college students who are struggling to pick the right career path, to those who are already in the work force but feel ready for a change, all the way through the retirement stage- and I can especially see this being a great book for junior high and high school students who are beginning to plan for college and/or their future careers. The book is full of questions designed to get your creative juices flowing to discover just what exactly you are good at and passionate about, and (perhaps most importantly) also contains excellent strategies for overcoming your personal hangups by dealing with insecurities and doubts (dubbed "Gremlins"). Self-empowering, motivational, and practical at the same time, this book will inspire you to use the information presented to put together a plan and start taking the steps needed to land (or create!) your personal dream job. A well-written and informative read, highly recommended!I received a free copy of this book in exchange for an honest review

Looking for a Career that Brings You Real Fulfillment? Seeking Work that Aligns with your Values and Passions? Need Help Developing a Job Search Strategy? The path to a fulfilling new career is a journey of many steps. Champion Your Career: Winning in the World of Work has been written to serve as a helpful guide and companion on every step of that journey. Champion Your Career is unusual in that it combines career counseling with career

coaching. By asking the appropriate questions, *Champion Your Career* gives you not only the theory behind choosing a career that's right for you, but offers practical exercises, resources, and powerful questions so you can then become your own career champion. The books that are on the market now offer career choice theory with self assessment exercises, but without the coaching structure and support that moves readers to active decision making within the process of championing their careers. *Champion Your Career* provides you with theory, exercises and coaching to support you on the path to finding both the right career and the job that's perfect for you. Halimah Bellows's non-fiction self-help book, *Champion Your Career: Winning in the World of Work*, shows how to make that dream job a reality if you're willing to put in the effort required. Many of the exercises she proposes are fun and make a lot of sense at the same time. I particularly enjoyed those that had the reader look back at things he/she was good at as a child or young adult, as so many of those past pleasures or accomplishments can give the job seeker invaluable insights into what occupations will make working a pleasurable and fulfilling experience. Even if you're relatively happy with your current position/career path, the techniques and information presented in this book may still help make a huge difference in job satisfaction. As the author writes, the average worker dedicates one-third of their lives to their careers. The book offers suggestions and exercises that show how the opportunity to do what one loves, rather than to suffer through the week waiting for the weekend, can be developed with some diligence and introspection. The chapter on retirement options is a stimulating and informative guide for those who want to make their retirement years a 'renaissance' rather than a withdrawal from life. There's also a comprehensive appendix filled with links, advice on interview skills and preparation, and literature in the field. *Champion Your Career: Winning in the World of Work* is most highly recommended. –

About the AuthorAt an early age, Halimah Bellows became aware of her natural ability to listen to people non-judgmentally as well as her desire to be of service to others. In her life as an educator, a career counselor and a coach, she has been able to marry her fascination with people's stories with her deep interest in the world of work. After completing her undergraduate studies in Social Science and Education at New York University, Halimah went on to earn an MA in English Language Teaching at the University of Exeter in England and then taught English as a Second Language in England and Indonesia. Returning to the United States, she earned her MS in Counseling Psychology at San Francisco State University and received intensive Certified Coach Training at The Coaches Training Institute in San Rafael, California and Retirement Options in St. Louis, Missouri to become a Certified Retirement and Professional Coach. Additionally she has obtained graduate certificates in Training Systems Development and Educational Drama. She holds Washington and California Community College Teaching and Counseling Credentials and is a Certified Dependable Strengths Articulation Process Facilitator. For more than 20 years, Halimah has been helping her clients champion their careers and find their ideal jobs. She has a special gift for gently but relentlessly sifting through the mist and fog of clients' experiences and impressions and bringing the clarity of their insights to light. Halimah is a seasoned workshop presenter and group facilitator and has led many seminars and retreats for a variety of educational institutions, religious groups, nonprofit organizations and corporations. She is the creator of CAREER QUEST CARDS™, a practical, portable career-building tool providing a distillation of 30 key career-coaching exercises. Halimah has appeared as a guest on a number of local radio talk shows in the Pacific Northwest. In addition to assisting people through career transitions and supporting retirees to "retire with fire," she also focuses on helping couples and business partnerships build powerful intentional relationships as well as empowering artists, entrepreneurs and professionals to develop their businesses and achieve their dreams.

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